


RICHMOND ROD AND GUN CLUB, INC.
3155 GOODRICK AVENUE RICHMOND CA 94801-1126

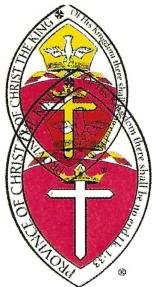
To Whom it may concern,

Vincent Ho worked for us as a certified NRA range safety officer RSO from 2015-2019. During that time, he showed a high level of expertise and care in keeping the range operating safely. He has worked both at the pistol and rifle public range and has helped people, through his expertise, to not only to shoot safely, but to shoot with more accuracy. He was a true asset to the club during his time here.

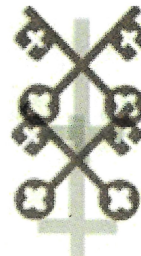
Sincerely,


Earl Brown
510-672-0062
Chairman Rifle Range
Member Board of Directors





St. Peter's Parish



The Reverend Michael Mautner, *Rector*
The Reverend Paul Hauge, *Assisting Priest*
The Reverend Mr. Franz Longworth, *Deacon*
The Reverend Mr. Michael Ruffino, *Deacon*

August 5, 2022

RE: Vincent Ho

TO WHOM IT MAY CONCERN:

I have known Vincent Ho well since I became Rector (clergyman in charge) at St. Peter's Parish, Oakland, in 2013. Mr. Ho is a member of St. Peter's.

When I first met Mr. Ho, he was an organist at our seminary chapel in Berkeley and was seeking to be admitted as a postulant for holy orders. I was then in charge of testing candidates for the ministry in our diocese.

I was also, through the end of 2012, a Deputy District Attorney in Napa County. Mr. Ho indicated when we first met that he was then employed at a firing range in Contra Costa County. In conversation, I found his knowledge of firearms and firearm safety protocols impressive. I would trust his expertise were he to tell me that a firearm is inoperative.

Vince's health and medical situation has been challenging the last few years, but in my experience he has weathered it spiritually, and practically, as well as anyone similarly situated could have, and maybe better. Vince is a responsible person. I believe him when he says that he has sincerely sought to comply fully and completely with the court orders and statutes that have applied to him, and that he will do so in the future.

Thank you for your time and attention to this important matter.

Sincerely,

Rev. Michael E. Mautner+
Rector

St. Peter's Parish is exempted under Section 501(c)(3) of the Internal Revenue Code, tax ID 94-1312345
No consideration is reciprocated for donations referenced in this letter

6013 Lawton Avenue, Oakland, California 94618
510-597-1400 • email: st.peters.oakland@gmail.com • website: www.saintpetersoakland.com

Travis K Svensson, MD, PhD
25 Edwards Court #105
Burlingame, CA, 94010
Tel: 650-342-1966
Fax: 650-685-6552

Chart ID: 37141
Vincent Ho
Dob: 11/6/1968
Age: 53y 11m 12d
Gender: Male

Free Text Note

October 18, 2022 3:07 PM

Subjective:

(99213) Pt reports positive response to current medication regime. (90833) Pt requests supportive psychotherapy to resolve negative emotions and stabilize biopsychosocial functioning. (99213) Denies side effects. Patient requests brief medication management follow-up for routine refill/adjustment.

Objective:

(99213)CURES: reviewed, findings discussed
Labs: Reviewed and discussed

PE:

A&Ox3, Calm, cooperative, no fever/chills
No evidence of acute cardiac, respiratory or gastrointestinal effects.
No evidence of TD, EPS or signs of withdrawal, NMS or serotonin excess
Baseline gait, no new focal sensory or motor deficits evident, CN II-XII grossly intact, 5/5 strength,

MSE (90833):

Behavior: calm, cooperative
Speech: regular rate, fluid, understandable
Perceptions: no evidence of distortions, illusions or hallucinations
Thoughts: linear, logical, goal directed without overt evidence of paranoia, suicide/homicide risk
Memory: grossly intact for immediate, recent and remote content
Attn/Conc: grossly intact
Mood: euthymic
Affect: Overanxious
Judgment: grossly unimpaired
Reliability: intact

Assessment:

(90833) Psychotherapy: incremental progress towards treatment goals evidenced, cognitive behavioral strategies reviewed and reinforced.


(99213) 50% of EM time spent on counseling, coordination and treatment planning including discussion of test results, diagnostic or treatment recommendations, prognosis, risks and benefits of management options, instructions, education, compliance and/or risk factor reduction. Stable, compliant, engaged and motivated for recovery. Risk of suicide/homicide/violence: minimal-none

(90833)

Psychotherapy/Counseling Treatment Plan: Medical Issues - Pelvic Floor Dysfunction

Behavioral Symptoms: A diagnosis of a chronic illness that may or may not be life-threatening, but necessitates changes in living. Diagnosis of a chronic illness that eventually will lead to an earlier death. Sad affect, social withdrawal, anxiety, loss of interest in activities and low energy. Denial of seriousness of medical condition. Refusal to cooperate with recommended medical treatments. History of neglecting physical health.

Long-Term Goals: Medically stabilize physical condition. Work through grieving process and face with peace the reality of own disability and death. Accept emotional support from those who care, without pushing them away in anger. Live life to the fullest extent possible, even though remaining time may now be limited. Cooperate with medical treatment regimen without passive-aggressive or active resistance. Become knowledgeable as possible about the diagnosed condition and about living as normally as possible. Reduce fear, anxiety, and worry associated with the medical condition. Accept the illness, and adapt life to the necessary limitations. Accept the role of psychological or behavioral factors in development of the medical condition and focus on resolution of these factors.



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Short Term Goals: Engage in faith-based activities as a source of comfort and hope. Engage a support group for others with similar diagnosis.

Therapeutic Interventions: Encourage reliance upon spiritual faith promises, activities, and fellowship. Referral to appropriate support groups.

Psychotherapy/Counseling Treatment Plan: Chronic Pain - Pelvic Floor

Behavioral Symptoms: Experiences pain beyond the normal healing process that significantly limits physical activities. Complains of generalized pain in many joints, muscles and/or bones that debilitates normal functioning. Uses increased amounts of medication with little, if any, pain relief. Has decreased or stopped activities such as work, household chores, socializing, exercise, sex or other pleasurable activities because of pain. Experiences an increase in general physical discomfort (fatigue, night sweats, insomnia, muscle tension, body aches). Exhibits signs and symptoms of depression. Makes many complaintive, depressive statements related to pain and discomfort.

Long Term Goals: Acquire and utilize the necessary pain management skills. Regulate pain in order to maximize daily functioning and return to productive employment. Find relief from pain and build renewed contentment and joy in performing activities of everyday life. Find an escape route from the pain. Accept the chronic pain and move on with life as much as possible. Lessen daily suffering from pain.

Short Term Goals: Engage in positive self-talk as an alternative to the depressing negative thoughts about self and the world. Integrate and implement all new mental, somatic, and behavioral ways of managing pain.

Therapeutic Interventions: Assist in reframing thoughts about life as one that has many positive elements outside of the pain; ask to list positive aspects of self as well as life circumstances.

Psychotherapy Treatment Plan: Disordered Mood and Thoughts - stabilized on combination of mood stabilizers and antidepressants and Transcranial Magnetic Stimulation

Behavioral Symptoms: include 5 or more: verbalizes bizarre thought content, demonstrates abnormal speech patterns, describes perceptual disturbances, exhibits disorganized behaviors, expresses paranoia, psychomotor changes evident, agitations and irritabilities, bizarre dress/grooming, affective disturbances, relational disturbances

Long-Term goals: control/eliminate active psychosis, improve medication compliance, return to normal functioning, increase goal directed behaviors, reality focused thinking, normalize speech patterns, reduce anger and irritability, maintain active and effective personalized recovery approach

Short term objectives: Identify and change self-talk and beliefs that interfere with recovery, verbalize an understanding of need to learn and improve social skills

Therapeutic interventions: Use cognitive therapy techniques to explore biased self talk and beliefs, challenge biases, build confidence, assign homework exercises, provide rationale for social skills training

Plan:

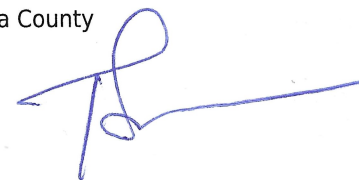
Return to clinic as needed. Risks and benefits of current treatment regime explored.

Encourage follow-up with primary care based preventive health activities, nutrition, exercise and self help resources.

Meds:

Paxil 40mg 1 poqday
Lamotrigine 150mg 1 po day
Depakote ER 250mg 2 poqhs
Seroquel 300mg 1 poqhs
Seroquel 50mg 1 poqhs
Cogentin 2mg 1 poqhs
Propranolol 10mg 1 poqhs
Namenda 10mg 1 poqhs
Buprenorphine 2mg 1 SL PRN pain

Recommend - Mental Health Diversion Program for mgmt of Court/Probation Exposure in Alameda County



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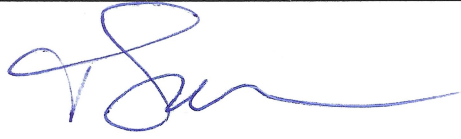
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Vincent Ho

Dob: 11/6/1968

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Electronically signed

Travis K Svensson, MD, PhD

October 18, 2022 3:07PM PDT

Daniel Subia

Drsubia94@gmail.com

602.315.3594

August 9, 2022

To Whom It May Concern,

This is a letter of support for Mr. Vincent Ho. It is my understanding that Mr. Ho is before the court in defense of being in violations of laws or ordinances that pertain to the use or possession of firearms.

I met Mr. Ho in the summer of 2016 at the Olympic Training Center in Colorado Springs, Colorado.

I was there in my former job capacity as the National Coach Trainer in the rifle and pistol shooting sports. Mr. Ho was in attendance there as a prospective coach candidate. The coach credentialing class is a 16 hour, two day class that certifies individuals to be coaches in the shooting sports for the disciplines that they choose. The class is quite comprehensive with lessons that teach, among other things, gun safety, ethics, and risk management. In addition to sitting through the lessons, the prospective coach candidates must be scrutinized by members of the National Coach Development Staff, demonstrating that they have internalized the concepts taught in the class. The students are also required to pass a written exam, demonstrating their understanding of the course material.

Mr. Ho attended this class at his own travel and expense to be able to coach youth in his area. This is one of his passions. Under my supervision, he passed the coach certification and I authorized his credential to be a certified shooting sports coach.

The character of persons that attend these classes is one of a higher level of firearms respect and understanding. Coaches can be characterized as having a passion for coaching the youth of their communities, to see them grow and mature as student athletes. Mr. Ho fits this characterization.

If the purpose of this court appearance is to determine if Mr. Ho is responsible to handle, own, or poses firearms, it is my opinion that he is no danger to himself or any other person.

Thank you for your time,

Daniel Subia

Former NRA National Coach Trainer: rifle, pistol and shotgun sports

From nickistallard@icloud.com Tue Aug 9 07:15:31 2022
Date: Tue, 9 Aug 2022 07:15:22 -0700
From: niall stallard <nickistallard@icloud.com>
To: hbv@tsoft.com
Subject: Character reference.

[The following text is in the "utf-8" character set.]
[Your display is set for the "US-ASCII" character set.]
[Some characters may be displayed incorrectly.]

To whom it may concern,

I have known Vincent Ho since 2012, at the time I was the Coordinator for the San Jose Chapter of the Pink Pistols, a LGBTQ self-defense advocacy group.

It came to my attention that Vincent Ho had some medical issues which resulted in him selling off firearms because he lost firearms rights.

Recently Vincent Ho told me that his house was searched by police and they found an old non-functional shotgun he forgot about in his home.

The Vincent Ho I know has chronic health/pain issues, sadly like many Americans, the medications he takes have limitations.

The Vincent Ho I know is not a violent person, never has to my knowledge ever wished to commit harm to others.

Yes Vincent has a unique personality, that said I would describe him as meek, mild, docile.

Vincent made a mistake, that said, Vincent Ho is not a danger to the public.

Besides himself, who has he harmed?

What justice/public harm reduction would be served by incarceration?

I plead with the court to use temperance in its judgement.

Nicki Stallard
559 427 3275 cell/text
Nickistallard@icloud.com

Sent from my iPhone

Gordon Taras

1008 Pacific Ave

Alameda, CA 94501

To whom it may concern,

I am writing in support of Vincent Ho for restoration of his gun rights. I have known Vince for a few years primarily working together at various gun ranges where he performed as a trainer and / or safety officer. As far as I could see, he always behaved professionally and competently around guns and in support of other shooters at the ranges. I have never been concerned that he would behave unprofessionally or unsafely.

Thank you for your consideration.

A handwritten signature in dark ink, appearing to read 'Gordon Taras', with a stylized, flowing script.

Gordon Taras

From tomtom94103@yahoo.com Thu Aug 4 21:47:11 2022
Date: Fri, 5 Aug 2022 04:47:02 +0000 (UTC)
From: Thomas Boyer <tomtom94103@yahoo.com>
To: Vincent Ho <hbv@tsoft.com>
Subject: Vincent isn't a danger

[The following text is in the "UTF-8" character set.]
[Your display is set for the "US-ASCII" character set.]
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I have known Vincent as a fine musician for a number of years.
The criminal complaint in regards to finding an old shotgun with a broken firing
pin which he had forgotten about.

What social good can come from convicting Vince at this point? He no longer has
any firearms, and if he had the intention
on keeping a firearm he would have kept a functional one.

Best Regards
Thomas Boyer

Within infinite myths lies the Eternal Truth Who sees it all?? Varuna has but a
thousand eyes Indra has a hundred And I, only two. Devdutt Pattanaik

From wpxbow@aol.com Sun Aug 7 07:49:16 2022
Date: Sun, 7 Aug 2022 14:49:03 +0000 (UTC)
From: Wpxbow <wpxbow@aol.com>
To: "hbv@tsoft.com" <hbv@tsoft.com>
Subject: Letter of Support!

[The following text is in the "UTF-8" character set.]
[Your display is set for the "US-ASCII" character set.]
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To Whom It May Concern,

I have known Vince for many years as he has always been interested in target (competition) crossbow shooting.

It is plain to see that he is interested in a variety of the target shooting sports and he has educated / trained himself and received professional training along those lines, to be a good example to other shooters especially younger novice participants.

He always practices safety on the range as can be seen as that is one of his duties is as a Range Officer.

He is helpful towards others and strives to learn the technical capabilities of the crossbows or air rifles that he owns and pass that knowledge on to others.

Regards,

William G. Pimm Jr
President
USA Crossbow Inc.
954-205-5514